



ALL NATURAL SUPERFOOD SMOOTHIES

16 oz. | 8.75

perfect date shake

all natural almond butter, dates, banana, hemp protein and almond milk

green power shake

fresh kale, spinach, dates, avocado, hemp protein and almond milk

coconut acai

acai berries, strawberries, banana, shredded coconut, almond milk

berries and banana smoothie

blueberries, strawberries, banana and fresh squeezed orange juice

bc smoothie

strawberries, banana, vanilla whey protein and fresh squeezed orange juice

dragon fruit mango smoothie

dragon fruit, mango, banana and fresh squeezed orange juice

pb&b

organic peanut butter, banana, chocolate whey protein and almond milk

almond butter cup

all natural almond butter, chocolate whey protein, banana and almond milk

low carb protein shake | 9.00

strawberries, blueberries, vanilla whey protein and coconut water

FRESH "RAW" JUICES

greens plus 16 oz | 10.00

fresh kale, spinach, celery, green apple and lemon

immunity 16 oz | 10.00

fresh turmeric, ginger, green apple, carrots and lemon

super detox 16 oz | 10.00

beet, ginger, carrot, green apple, lemon, chia seeds and cayenne pepper

wellness shot 3 oz | 4.00

ginger, lemon, orange, oregano oil, cayenne

orange juice | 8.00

FRESH BEVERAGES

16 oz.

lemonade | 4.50

mint and cane sugar

refreshing green

lemonade | 5.50

spinach and kale

ginger root lemonade | 5.50

ginger root

beet lemonade | 5.50

beetroot

black iced tea | 4.50

ORGANIC ARTISAN COFFEES AND TEAS

La Colombe Coffee

espresso | 3.75

cappuccino/cafe latte | 5.75

americano | 4.25

La Colombe cold brew | 5.75

La Colombe Artisan Tea | 4.00

BLACK: breakfast blend

HERBAL: peppermint cardamon, chamomile citrus

GREEN: jasmine